

JUNGIAN DREAM INTERPRETATION: PRACTICAL CONSIDERATIONS AND APPLICATIONS

Please select a date and location:

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5 or more**	\$139 ea.	\$159 ea.

*Registrations received 10 days prior to seminar date.

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Jungian Dream Interpretation: Practical Considerations and Applications #4418

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Jungian Dream Interpretation

Practical Considerations and Applications

Don't miss this unique opportunity to meet certified Jungian Psychoanalyst Dr. Howard Tyas as he goes beyond the "Wisdom of the Dream," with first-hand experience and exploration of dreams, fantasies, and symbols!

- ◆ Recognize and understand the therapeutic value of dreams in both short- and long-term therapies
- ◆ Identify, analyze, and incorporate the use of symbolic material in whatever form it may appear
- ◆ Discover simple, specific techniques designed to deepen your understanding of a client's dream
- ◆ Describe and employ dream interpretation methods in the areas of transference, countertransference, midlife transitions, bereavement, and trauma

Howard hits the ground running with high spirits; presents with an ability to touch the profound; completely engaging. I recommend Dr. Tyas to all my colleagues.

James Green, LPC, Charlotte, NC

Schaumburg, IL - August 1
Bloomington, IL - August 2
Naperville, IL - August 3
Madison, WI - August 22
Appleton, WI - August 23
Milwaukee, WI - August 24

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Continuing education available for Social Workers, Counselors, Alcohol and Drug Abuse Counselors, Nurses, Marriage and Family Therapists, Psychologists and Case Managers.

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Jungian Dream Interpretation

Practical Considerations and Applications

Establishing a Relationship between the Ego and the Unconscious

The field of mental health has long acknowledged the presence of autonomous forces within the human psyche that have the power to exert a profound impact on both individuals and their relationships. Swiss psychiatrist C. G. Jung was the one who pioneered the exploration of such unconscious phenomena and their effects. A depth-oriented approach to address unconscious material such as dreams, fantasies, symbols, and symptoms, whether spontaneous or intentional, can prove extremely therapeutic. Scientific research now confirms that the psyche is self-regulatory in nature, often providing insights and a curative course of action in symbolic form. Jung explains, "Dreams are neither deliberate nor arbitrary fabrications; they are natural phenomena which are nothing other than what they pretend to be. They do not deceive, they do not lie, they do not distort or disguise....They are invariably seeking to express something that the ego does not know and does not understand."

Dr. Howard Tyas, Jr., who brought you *Wisdom of the Dream*, expands on his previous seminar to provide ample time for first-hand experience and exploration of the material learned in an atmosphere that is both safe and respectful. This one-day seminar examines, in detail, how and when dream material can be used therapeutically through the use of case studies. Both the power and the meaning of symbolic material and motifs are explored in a playful way. Attendees learn techniques designed to deepen the therapist's and client's understanding of the underlying messages such symbols convey as they relate to dreams. Specific therapeutic topics are addressed where dreams can provide insights and direction—including transference/countertransference, midlife transitions, bereavement, and trauma. Actually learning how to set up and conduct a dream group gives participants a foundation and an opportunity for exploring both their clients' dreams and their own, as well.

Course Director

HOWARD W. TYAS, Jr., D. Min., PhD, is a certified Jungian psychoanalyst and a fee-based Pastoral Counselor. He currently has a private practice in Charlotte, North Carolina, and works primarily with adults in individual analysis, making use of dream material and expressive techniques. He also lectures, leads dream groups, and conducts monthly seminars with his wife, Karen Hodges, also a certified Jungian analyst, focusing on dream work and various images which reflect what C.G. Jung referred to as the individuation process.

Dr. Tyas has a Doctor of Ministry degree from Austin Presbyterian Theological Seminary in Texas. In 1991, Dr. Tyas traveled to Zürich, Switzerland, to study at the C.G. Jung Institute, where he graduated with the Diploma in Analytical Psychology in 1996. The Academic and Professional International Evaluations Service has deemed this diploma to be equivalent to a PhD in Psychology in the United States. Additionally, Dr. Tyas is a member of the International Association for Analytical Psychology and the Association of Graduate Analytical Psychologists (Zürich), as well as a charter member of the North Carolina Society of Jungian Analysts. In his practice, Dr. Tyas understands Jungian analysis to be a form of psychotherapy that places inestimable value on the body and the psyche's own innate, self-regulatory nature, as well as that personal developmental process unique to every individual. Dreams offer very singular therapeutic perspectives initiated by the unconscious. Some dreams attend to those wounds we carry that are in need of healing. Other dreams appear to address issues that block us from moving forward in life in creative and meaningful ways. At the center of Jungian analysis, in general, and of dream work, in particular, is the establishment of a dialectic relationship between the ego and the unconscious.

Dr. Tyas is knowledgeable, creative, and insightful; he connects with participants and teaches with authority.

Jenelle Spear, LMFT, LISW-CP
Spartanburg, SC



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COURSE CONTENT

HOW TO USE DREAM MATERIAL IN PSYCHOTHERAPY

- ◆ Presuppositions regarding the nature of dreams and their meaning
- ◆ Determining whether doing dream work is warranted or possible
- ◆ Establishing a context by considering significant dreams from the client's past
- ◆ Paying attention to initial dreams just before and after therapy begins
- ◆ Deciding which dreams to work on based on feelings, desires, and sense of urgency
- ◆ Considering how dreams may give insight into diagnosis and treatment
- ◆ Highlighting the steps used in interpreting a dream

UNDERSTANDING AND SPEAKING THE LANGUAGE OF DREAMS—THE MEANING OF VARIOUS IMAGES/MOTIFS

- ◆ Examining a symbol's outward presentation in detail
- ◆ Identifying what you know, think, and feel about the symbolic representation
- ◆ Researching what this symbol has represented worldwide, throughout history

EMPLOYING SIMPLE, SPECIFIC TECHNIQUES BETTER TO ASSESS A DREAM'S MEANING

- ◆ Keeping a dream journal
- ◆ Title, Theme, Affect, Question (TTAQ)
- ◆ Seeing the dream through the "dream ego's" eyes
- ◆ Dialoguing with a dream figure
- ◆ Considering a dream symbol in the present, past, future
- ◆ Research a recurring dream theme
- ◆ Using art to plumb a symbol's depth of meaning
- ◆ Meditating on an important dream symbol
- ◆ Rewriting an unresolved dream

USING AND UNDERSTANDING DREAMS WITH REGARD TO SPECIFIC THERAPEUTIC ISSUES

- ◆ Transference/countertransference
- ◆ Trauma
- ◆ Midlife transitions
- ◆ Bereavement

SETTING UP AND CONDUCTING A DREAM GROUP

- ◆ Determining who would best benefit from participating in a dream group
- ◆ Advantages/disadvantages of working with dreams in a group setting
- ◆ Providing a safe atmosphere in which to do group work with dreams
- ◆ Basic components of a dream group meeting
 - touching in
 - centering exercise
 - dream sharing by entire group
 - intensive work with a particular dream(s)
 - closing with a repetition of the centering exercise

WORKING WITH DREAM MATERIAL FOR SELF-KNOWLEDGE AND SELF-CARE IN A SMALL GROUP EXPERIENCE

Dates & Locations

SCHAUMBURG - August 1, 2012

Holiday Inn Rolling Meadows
3405 Algonquin Rd, Rolling Meadows, IL 60008 847-259-5000

BLOOMINGTON - August 2, 2012

The Chateau of Bloomington
1601 Jumer Dr, Bloomington, IL 61704 309-662-2020

NAPERVILLE - August 3, 2012

Crowne Plaza Glen Ellyn-Lombard-Downers Grove
1250 Roosevelt Rd, Glen Ellyn, IL 60137 630-629-6000

MADISON - August 22, 2012

Clarion Suites Madison Central
2110 Rimrock Rd, Madison, WI 53713 608-284-1234

APPLETON - August 23, 2012

Holiday Inn Neenah Riverwalk
123 E Wisconsin Ave, Neenah, WI 54956 920-725-8441

MILWAUKEE - August 24, 2012

Sheraton Milwaukee Brookfield
375 Moorland Rd, Brookfield, WI 53005 262-786-1100

Course Hours

Registration begins at 7:30 a.m. The seminar **begins at 8:00 a.m.** and **concludes at 3:30 p.m.** Coffee/hot tea provided in a.m. One-hour break for lunch on your own. For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

Who Should Attend

- ◆ Psychologists
- ◆ Pastoral Counselors
- ◆ Alcohol and Drug Abuse Counselors
- ◆ Psychiatrists
- ◆ Clinical Social Workers
- ◆ Marriage and Family Therapists
- ◆ Licensed Professional Counselors
- ◆ Mental Health Nurses
- ◆ Case Managers

What You Will Learn

Upon completion of this course, you will be able to:

- ◆ Determine when and how dream work is applicable or possible in the therapeutic setting
- ◆ Recognize how dreams provide insight into diagnosis and treatment
- ◆ Recognize various dream motifs and symbols
- ◆ Discover how to facilitate a dream group in a safe and respectful way that fosters self-awareness and healing
- ◆ Examine personal dream material in a way that fosters self-knowledge and self-care in you, the mental health professional

Audio Products

Audio products include a comprehensive CD recording (audiotape available on request) and companion course manual. If you are registered to attend this seminar, you may order a set of tapes/CDs at a reduced fee. Pricing can be found on the registration form, along with shipping and handling. All pricing given in US currency; please call for international rates. You can order online at our website, by faxing or mailing the registration form on this brochure, or by calling 800-397-0180 or 615-331-4422. All material is under copyright; any duplication is unauthorized without written consent from Cross Country Education. Products in stock will typically ship within 5-7 business days. Call for availability.

Confirmations & Cancellations

Confirmations of registration are sent via email within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your email address book to ensure delivery. **If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration.** Cancellations received at least five working days before the event are refundable less a \$20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward a future event or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible. Please contact your accountant for complete details.

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Registrants will not receive a certificate until payment has been received and course has been successfully completed. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned marked NSF it will be represented electronically and a processing fee will be charged as allowed by law.

Our Guarantee

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Continuing Education Credit

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Counselors: Cross Country Education is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. (NBCC Provider #5904) The ACEP solely is responsible for all aspects of the program. Six (6) contact (clock) hours are being awarded for completion of this program. Cross Country Education is a registered counselor continuing education sponsor approved through the State of Illinois Department of Professional Regulation (license # 197-000144). This program is offered for six (6) contact hours of continuing education for counselors. Licensed counselors in other states should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal.



Marriage and Family Therapists: Cross Country Education is a registered marriage and family therapist continuing education sponsor approved through the State of Illinois Department of Professional Regulation (license # 168-000172). This program is offered for six (6) contact hours of continuing education for marriage and family therapist. Licensed marriage and family therapist in other states should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. This program has been submitted to the Wisconsin Association for Marriage and Family Therapy for 6 CEUs.

Case Managers: This program has been submitted to the Commission for Case Manager Certification for 6 clock hours of continuing education.

Nurses:

Cross Country Education, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This course is offered for 6 contact hours.



Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.

Psychologists: Cross Country Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Cross Country Education maintains responsibility for this program and its content. This program offers 6 CE credits for psychologists. Full attendance is required to receive credit for psychologist, variable credit for partial attendance may not be awarded based on the APA guidelines.

Alcohol and Drug Abuse Counselors: Cross Country Education is an approved provider by NAADAC Approved Education Provider Program (Provider #369). This course is offered for 6 contact hours.



Other professions: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.

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