



Occupational Therapy Self Assessment

Directions

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professional.

Frequency		Experience	
1 Observed Only or Never Done		1 No Experience	
2 Rarely Done (<6 times/year)		2 Some Experience (Requires Assistance)	
3 Occasionally Done (1-2 times/month)		3 Experienced (Performs without Assistance)	
4 Frequently Done (daily or weekly)		4 Very Experienced (Performs Well)	

Print Name

SS#

Date

Work Settings	Frequency				Experience			
General acute care	1	2	3	4	1	2	3	4
Adult/adult ICU	1	2	3	4	1	2	3	4
Pediatrics/PICU	1	2	3	4	1	2	3	4
Children's hospital	1	2	3	4	1	2	3	4
Hand therapy	1	2	3	4	1	2	3	4
Home health care	1	2	3	4	1	2	3	4
Outpatient neuro	1	2	3	4	1	2	3	4
Outpatient ortho	1	2	3	4	1	2	3	4
Psychiatric hospital	1	2	3	4	1	2	3	4
Rehabilitation hospital/inpatient rehabilitation unit	1	2	3	4	1	2	3	4
Skilled care facility	1	2	3	4	1	2	3	4
School setting	1	2	3	4	1	2	3	4
Early intervention	1	2	3	4	1	2	3	4
Subacute	1	2	3	4	1	2	3	4

Orthopedics	Frequency				Experience			
Hand injury	1	2	3	4	1	2	3	4
Total joint replacement/upper extremities	1	2	3	4	1	2	3	4
Lower back/spinal surgeries	1	2	3	4	1	2	3	4
Arthritis programs	1	2	3	4	1	2	3	4
Soft tissue injuries	1	2	3	4	1	2	3	4
Knee injuries & total knee replacement	1	2	3	4	1	2	3	4
Hip fractures & total hip replacement	1	2	3	4	1	2	3	4
Mobilization techniques	1	2	3	4	1	2	3	4
Prosthetics/amputations	1	2	3	4	1	2	3	4



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Neurologic	Frequency				Experience			
Alzheimers/dementia	1	2	3	4	1	2	3	4
Degenerative diseases of the CNS	1	2	3	4	1	2	3	4
Multiple sclerosis	1	2	3	4	1	2	3	4
Parkinson's disease	1	2	3	4	1	2	3	4
Spinal cord injury	1	2	3	4	1	2	3	4
Adaptive equipment	1	2	3	4	1	2	3	4
Neurodevelopmental testing (NDT)	1	2	3	4	1	2	3	4
Wheelchair evaluation	1	2	3	4	1	2	3	4
Stroke acute	1	2	3	4	1	2	3	4
Stroke rehabilitation	1	2	3	4	1	2	3	4
Functional splinting	1	2	3	4	1	2	3	4
Traumatic brain injury	1	2	3	4	1	2	3	4

Pediatric Assessments	Frequency				Experience			
Neurodevelopmental testing	1	2	3	4	1	2	3	4
Developmental screening	1	2	3	4	1	2	3	4
Sensory-motor testing	1	2	3	4	1	2	3	4
Visual perceptual testing	1	2	3	4	1	2	3	4
Feeding/swallowing/oral motor	1	2	3	4	1	2	3	4
Seating & positioning assessment (i.e. w/c)	1	2	3	4	1	2	3	4

Other Assessments	Frequency				Experience			
Physical capacity evaluation	1	2	3	4	1	2	3	4
Home assessments/home accessibility	1	2	3	4	1	2	3	4
Activities of daily living	1	2	3	4	1	2	3	4
Driving evaluation	1	2	3	4	1	2	3	4
Cognitive/perception	1	2	3	4	1	2	3	4

Treatment Approaches	Frequency				Experience			
ADL	1	2	3	4	1	2	3	4
Cognitive retraining	1	2	3	4	1	2	3	4
Community re-entry	1	2	3	4	1	2	3	4
Energy conservation/work simplification techniques	1	2	3	4	1	2	3	4
Functional transfer training	1	2	3	4	1	2	3	4
Home safety	1	2	3	4	1	2	3	4
Lymphedema management	1	2	3	4	1	2	3	4
Orthotics/Prosthetics training	1	2	3	4	1	2	3	4



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Treatment Approaches - cont.	Frequency				Experience			
Patient, family & staff training	1	2	3	4	1	2	3	4
PNF	1	2	3	4	1	2	3	4
SI	1	2	3	4	1	2	3	4
Therapeutic exercises/activities	1	2	3	4	1	2	3	4
Work hardening	1	2	3	4	1	2	3	4
Splinting	1	2	3	4	1	2	3	4
Neurodevelopmental testing (NDT)	1	2	3	4	1	2	3	4
Incontinence management	1	2	3	4	1	2	3	4

Modalities	Frequency				Experience			
Anodyne	1	2	3	4	1	2	3	4
Biofeedback	1	2	3	4	1	2	3	4
Electrical stimulation	1	2	3	4	1	2	3	4
Feeding techniques	1	2	3	4	1	2	3	4
Fluidotherapy	1	2	3	4	1	2	3	4
Oral motor facilities	1	2	3	4	1	2	3	4
Paraffin bath	1	2	3	4	1	2	3	4
TENS	1	2	3	4	1	2	3	4
Therapeutic pool	1	2	3	4	1	2	3	4
Ultrasound	1	2	3	4	1	2	3	4

Prosthetics/Orthotics	Frequency				Experience			
UE prosthetics	1	2	3	4	1	2	3	4
Static splints	1	2	3	4	1	2	3	4
Dynamic splints	1	2	3	4	1	2	3	4
Serial casting	1	2	3	4	1	2	3	4

Other	Frequency				Experience			
Burn management	1	2	3	4	1	2	3	4
Cardiac rehabilitation	1	2	3	4	1	2	3	4
Cognitive retraining	1	2	3	4	1	2	3	4
Computer skills	1	2	3	4	1	2	3	4
FIM scoring	1	2	3	4	1	2	3	4
Geriatrics	1	2	3	4	1	2	3	4
Group dynamics	1	2	3	4	1	2	3	4
IEP skills	1	2	3	4	1	2	3	4



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Other - cont.	Frequency				Experience			
Inservice education	1	2	3	4	1	2	3	4
Job task analysis	1	2	3	4	1	2	3	4
Therapeutic media	1	2	3	4	1	2	3	4
Knowledge of payment sources								
Medicare	1	2	3	4	1	2	3	4
Medicaid	1	2	3	4	1	2	3	4
MDS	1	2	3	4	1	2	3	4

General Skills	Frequency				Experience			
Patient/family teaching	1	2	3	4	1	2	3	4
Patients in isolation	1	2	3	4	1	2	3	4
Patients in restraints	1	2	3	4	1	2	3	4
Initial evaluation	1	2	3	4	1	2	3	4
Lift/transfer devices	1	2	3	4	1	2	3	4
Specialty beds	1	2	3	4	1	2	3	4
End of life care/palliative care	1	2	3	4	1	2	3	4
Computerized Charting								
Cerner	1	2	3	4	1	2	3	4
EPIC	1	2	3	4	1	2	3	4
McKesson	1	2	3	4	1	2	3	4
Meditech	1	2	3	4	1	2	3	4
National Patient Safety Goals								
Accurate patient identification	1	2	3	4	1	2	3	4
Effective communication	1	2	3	4	1	2	3	4
Pain assessment & management	1	2	3	4	1	2	3	4
Infection control	1	2	3	4	1	2	3	4
Universal precautions	1	2	3	4	1	2	3	4
Care of patients in isolation	1	2	3	4	1	2	3	4
Minimize risk of falls	1	2	3	4	1	2	3	4
Prevention of pressure ulcers	1	2	3	4	1	2	3	4

Age Specific Competencies	Frequency				Experience			
Infant (birth to 1 year)	1	2	3	4	1	2	3	4
Toddler (ages 1-3 years)	1	2	3	4	1	2	3	4
Preschooler (ages 3-5 years)	1	2	3	4	1	2	3	4
Childhood (ages 6-12 years)	1	2	3	4	1	2	3	4



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Age Specific Competencies - cont.	Frequency				Experience			
Adolescents (ages 12-21 years)	1	2	3	4	1	2	3	4
Young Adults (ages 21-39 years)	1	2	3	4	1	2	3	4
Adults (ages 40-64 years)	1	2	3	4	1	2	3	4
Older Adults (ages 65-79 years)	1	2	3	4	1	2	3	4
Elderly (ages 80+ years)	1	2	3	4	1	2	3	4

Please list any Additional Skills:	
1.	2.
3.	4.
Additional training:	
1.	2.
3.	4.
Additional equipment:	
1.	2.
3.	4.

Fax to: 1-888-298-3146

The information on this and all preceding pages is true and correct.

Signature

Date