



# Respiratory Therapy Self Assessment

## Directions

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professional.

Frequency		Experience	
1 Observed Only or Never Done		1 No Experience	
2 Rarely Done (<6 times/year)		2 Some Experience (Requires Assistance)	
3 Occasionally Done (1-2 times/month)		3 Experienced (Performs without Assistance)	
4 Frequently Done (daily or weekly)		4 Very Experienced (Performs Well)	

Print Name

SS#

Date

Work Settings	Frequency				Experience			
Medical-surgical general floor care	1	2	3	4	1	2	3	4
Adult critical care unit	1	2	3	4	1	2	3	4
Pediatric general floor care	1	2	3	4	1	2	3	4
Pediatrics ICU	1	2	3	4	1	2	3	4
Neonatal ICU Level II	1	2	3	4	1	2	3	4
Neonatal ICU Level III	1	2	3	4	1	2	3	4
Emergency department	1	2	3	4	1	2	3	4
Adult ED	1	2	3	4	1	2	3	4
Pediatric ED	1	2	3	4	1	2	3	4
Pulmonary function lab	1	2	3	4	1	2	3	4
Pulmonary rehabilitation	1	2	3	4	1	2	3	4
Sleep lab	1	2	3	4	1	2	3	4
Home care	1	2	3	4	1	2	3	4
<b>Patient Transport</b>								
Ambulance	1	2	3	4	1	2	3	4
Rotary wing	1	2	3	4	1	2	3	4
Fixed wing	1	2	3	4	1	2	3	4

Therapeutics & Procedures	Frequency				Experience			
Pursed lip breathing	1	2	3	4	1	2	3	4
Diaphragmatic breathing	1	2	3	4	1	2	3	4
Oximetry	1	2	3	4	1	2	3	4
End-tidal CO2 monitoring	1	2	3	4	1	2	3	4
Oxygen administration	1	2	3	4	1	2	3	4



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Therapeutics & Procedures - cont.	Frequency				Experience			
BiPAP nasal/mask	1	2	3	4	1	2	3	4
CPAP nasal/mask	1	2	3	4	1	2	3	4
Nitric oxide delivery	1	2	3	4	1	2	3	4
Incentive Spirometry (IS)	1	2	3	4	1	2	3	4
Metered dose inhaler	1	2	3	4	1	2	3	4
Sputum induction	1	2	3	4	1	2	3	4
Bronchial hygiene therapy	1	2	3	4	1	2	3	4
Intrapulmonary Percussive Ventilation (IPV)	1	2	3	4	1	2	3	4
Chest physical therapy/postural drainage	1	2	3	4	1	2	3	4
Flutter valve therapy	1	2	3	4	1	2	3	4
Acapella	1	2	3	4	1	2	3	4
Vest airway clearance	1	2	3	4	1	2	3	4
High flow system	1	2	3	4	1	2	3	4
<b>Obtaining Arterial Blood Gases</b>								
Radial/brachial artery	1	2	3	4	1	2	3	4
Femoral artery	1	2	3	4	1	2	3	4
Arterial line	1	2	3	4	1	2	3	4
ABG interpretation	1	2	3	4	1	2	3	4
ABG analyzer	1	2	3	4	1	2	3	4
<b>Emergency Skills</b>								
Intubate adult	1	2	3	4	1	2	3	4
Intubate infant	1	2	3	4	1	2	3	4
Assist with intubation	1	2	3	4	1	2	3	4
Extubate	1	2	3	4	1	2	3	4
Assist with extubation	1	2	3	4	1	2	3	4
<b>Ventilate Patient with:</b>								
Manual resuscitator	1	2	3	4	1	2	3	4
Manual inflating	1	2	3	4	1	2	3	4
Self inflating	1	2	3	4	1	2	3	4
Therapist driven protocols	1	2	3	4	1	2	3	4
<b>Ventilators</b>								
Ventilator set up	1	2	3	4	1	2	3	4
Troubleshoot ventilators	1	2	3	4	1	2	3	4
Ventilator set up/on tanks	1	2	3	4	1	2	3	4
Negative inspiratory force	1	2	3	4	1	2	3	4
<b>Ventilator Modes:</b>								
Volume controlled	1	2	3	4	1	2	3	4
Pressure	1	2	3	4	1	2	3	4
CPAP - Continuous Positive Airway Pressure	1	2	3	4	1	2	3	4



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Therapeutics & Procedures - cont.	Frequency				Experience			
IMV - Intermittent Mandatory Ventilation	1	2	3	4	1	2	3	4
SIMV - Synchronized Intermittent Mandatory Ventilation	1	2	3	4	1	2	3	4
PEEP - Positive End Expiratory Pressure	1	2	3	4	1	2	3	4
PSV - Pressure Support Ventilation	1	2	3	4	1	2	3	4
PRVC - Pressure Regulated Volume Control	1	2	3	4	1	2	3	4
APRV - Airway Pressure Release Ventilation	1	2	3	4	1	2	3	4
<b>Other</b>								
PEEP studies determining optimal PEEP	1	2	3	4	1	2	3	4
EKG/ECG	1	2	3	4	1	2	3	4

Medications	Frequency				Experience			
Advair (Fluticasone/Salmeterol)	1	2	3	4	1	2	3	4
Aerobid (Flunisolide)	1	2	3	4	1	2	3	4
Aerobid, vanceril	1	2	3	4	1	2	3	4
Amphocin (Amphotericin B)	1	2	3	4	1	2	3	4
Anectine	1	2	3	4	1	2	3	4
Artificial surfactant delivery	1	2	3	4	1	2	3	4
Survanta	1	2	3	4	1	2	3	4
Curosurf	1	2	3	4	1	2	3	4
Infosurf	1	2	3	4	1	2	3	4
Atropine sulfate	1	2	3	4	1	2	3	4
Atrovent (Ipratropium Bromide)	1	2	3	4	1	2	3	4
Colistin (Coly-mycin M)	1	2	3	4	1	2	3	4
Corticosteroids	1	2	3	4	1	2	3	4
Cremolyn sodium (Intal)	1	2	3	4	1	2	3	4
Decadron (Dexamethasone)	1	2	3	4	1	2	3	4
Digitalis	1	2	3	4	1	2	3	4
Digoxin	1	2	3	4	1	2	3	4
Dopamine	1	2	3	4	1	2	3	4
Duoneb (Albuterol/Ipratropium Bromide)	1	2	3	4	1	2	3	4
Flovent (Fluticasone)	1	2	3	4	1	2	3	4
Flonase	1	2	3	4	1	2	3	4
Foradil (Formoterol fumarate)	1	2	3	4	1	2	3	4
Inhaled Steroids	1	2	3	4	1	2	3	4
Isoetharine (Bronkosol)	1	2	3	4	1	2	3	4
Isoproterenol (Isuprel)	1	2	3	4	1	2	3	4
Lidocaine	1	2	3	4	1	2	3	4
Nipride	1	2	3	4	1	2	3	4



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Medications - cont.	Frequency				Experience			
	1	2	3	4	1	2	3	4
Maxair (Pirbuterol)								
Metaproterenal (Alupent)								
Mycomyst (Acetylcysteine)								
Pavulon								
Pulmicort (Budesonide)								
Pulmozyme (Dornase Alfa)								
Racemic epinephrine (Vaponephrine)								
Ribaviran (Virazole)								
Salbutamol (Albuterol, Proventil, Ventolin)								
Terbutaline sulfate (Bricanyl)								
Theo-dur								
Tilade (Nedocromil sodium)								
TOBI (Tobramycin)								
Xopenex (levalbuterol)								
Xylocaine (Lidocaine)								

Knowledge & Care of Patients With:	Frequency				Experience			
	1	2	3	4	1	2	3	4
Asthma/status asthmatics								
Acute/chronic bronchitis								
Broncho-pulmonary dysplasia								
Cardiac surgery								
Epiglottitis								
Tracheo-esophageal fistula								
Hyaline Membrane Disease (HMD/IRDS)								
Pulmonary Interstitial Emphysema (PIE)								
Myasthenia gravis								
Guillian barre								
Thoracotomies								
Fem-pop bypass								
Pacer								
Aspiration pneumonia								
ARDS								
Bacterial/viral pneumonia								
Pneumothorax								
Bronchiectasis								
Bronchiolitis								



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Knowledge & Care of Patients With: - cont.	Frequency				Experience			
Congestive heart failure	1	2	3	4	1	2	3	4
Diabetic ketoacidosis	1	2	3	4	1	2	3	4
Near drowning	1	2	3	4	1	2	3	4
Emphysema	1	2	3	4	1	2	3	4
Empyema	1	2	3	4	1	2	3	4
Lung cancer	1	2	3	4	1	2	3	4
Myocardial infarction	1	2	3	4	1	2	3	4
Myasthenia gravis	1	2	3	4	1	2	3	4
Pleural effusion	1	2	3	4	1	2	3	4
Pulmonary edema	1	2	3	4	1	2	3	4
Pulmonary embolism	1	2	3	4	1	2	3	4
Tuberculosis	1	2	3	4	1	2	3	4

General Skills	Frequency				Experience			
Patient/family teaching	1	2	3	4	1	2	3	4
Patients in restraint	1	2	3	4	1	2	3	4
Patients in isolation	1	2	3	4	1	2	3	4
Lift/transfer devices	1	2	3	4	1	2	3	4
Specialty beds	1	2	3	4	1	2	3	4
End of life care/palliative care	1	2	3	4	1	2	3	4
<b>Computerized Charting</b>								
Cerner	1	2	3	4	1	2	3	4
EPIC	1	2	3	4	1	2	3	4
McKesson	1	2	3	4	1	2	3	4
Meditech	1	2	3	4	1	2	3	4
<b>National Patient Safety Goals</b>								
Accurate patient identification	1	2	3	4	1	2	3	4
Effective communication	1	2	3	4	1	2	3	4
Pain assessment & management	1	2	3	4	1	2	3	4
Infection control	1	2	3	4	1	2	3	4
Universal precautions	1	2	3	4	1	2	3	4
Minimize risk of falls	1	2	3	4	1	2	3	4
Prevention of pressure ulcers	1	2	3	4	1	2	3	4



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Age Specific Competencies	Frequency				Experience			
Infant (birth to 1 year)	1	2	3	4	1	2	3	4
Toddler (ages 2-3 years)	1	2	3	4	1	2	3	4
Preschooler (ages 4-5 years)	1	2	3	4	1	2	3	4
Childhood (ages 6-12 years)	1	2	3	4	1	2	3	4
Adolescents (ages 13-21 years)	1	2	3	4	1	2	3	4
Young Adults (ages 22-39 years)	1	2	3	4	1	2	3	4
Adults (ages 40-64 years)	1	2	3	4	1	2	3	4
Older Adults (ages 65-79 years)	1	2	3	4	1	2	3	4
Elderly (ages 80+ years)	1	2	3	4	1	2	3	4

Please list any Additional Skills:	
1.	2.
3.	4.
Additional training:	
1.	2.
3.	4.
Additional equipment:	
1.	2.
3.	4.

Fax to: 1-888-298-3146

The information on this and all preceding pages is true and correct.

Signature

Date