EMERGENCY MENTAL HEALTH: ASSESSMENT AND TREATMENT

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Continuing education available for Psychologists, Counselors, Marriage and Family Therapists, Nurse Practitioners, Case Managers, Addiction Counselors, Social Workers and Nurses.
Emergency Mental Health

Mental health emergencies occur daily. They present themselves in emergency rooms nationwide. They present themselves in schools, primary care offices, jails, the workplace, churches, and most anywhere. The majority of people who commit suicide see their primary care physician during the month prior to their death; however, the symptoms of the suicidal patient are often overlooked. Many have spoken with pastors, counselors, or others about their despair. Learning to assess and appropriately intervene can often prevent the patient from attempting suicide. School counselors, managers, and others often encounter the chemically dependent or violent individual. Law enforcement personnel often encounter persons with bizarre behavior and those under the influence of drugs and alcohol. Learning to recognize the symptoms of mental health emergencies and how to address them is often vital to the safety of the individual and others.

In this hands-on and practical seminar, participants will learn how to quickly assess and triage mental health emergencies. Information will be provided on performing suicide and homicide risk assessments, mental status examinations, and evaluation of the need for detoxification. Mr. Webb will discuss recognizing likely diagnoses based on knowledge of the patient’s psychotropic medications. Other topics will include the practitioner’s liability regarding emergency mental health, including the practitioner’s duty to warn and protect per the Tarasoff court case. The value of “contracts for safety” will also be discussed. Involuntary commitment, inpatient, and outpatient treatment criteria will be discussed in relation to both your state’s statutes and third party payment.

Course Director

TIM WEBB, M.A.Ed., LPC, is a Licensed Professional Counselor with over 20 years of experience in emergency mental health assessment and treatment services. Mr. Webb provides mobile crisis services throughout central North Carolina through Daymark Recovery, is the Vice President of Business Development for Plan B Consulting, and is beginning private practice in Winston-Salem, North Carolina. Both as the author of FOCUS on Safety and as the former intake director for an inpatient psychiatric treatment facility, he developed state-of-the-art assessment tools, interventions and procedures for working with suicidal, violent, and psychotic patients. Mr. Webb has provided emergency assessment and intervention services in emergency rooms, psychiatric hospitals, mental health centers, jails, detention centers, and outpatient settings.

As a nationally recognized speaker, he has taught classes on “Emergency Mental Health,” “Dangerous Youth,” “Assessing and Intervening with Suicidal Patients,” and “Assessing and Treating Sexually Aggressive Youth.” Mr. Webb has been a featured speaker for the North Carolina LPC Conference and currently serves on the North Carolina Department of Health and Human Services Task Force on Reducing Behavioral Health ED Wait Times. Formerly the Vice-Chairman for the North Carolina Association for the Management and Treatment of Sex Offenders and a current Clinical Member, he served on the North Carolina Governor’s Task Force on Juvenile Sex Offenders. Mr. Webb earned his Bachelor of Arts degree from the University of North Carolina and his Master of Education (Counseling) degree from Wake Forest University. He receives enthusiastic reviews from seminar participants for his practical, interactive presentation style.

What You Will Learn

- Discuss which instruments to use to assess for suicide, violence, sexual aggression, and substance withdrawal
- Determine when to hospitalize and how to justify the appropriate level of care to insurers
- Develop effective safety plans and crisis interventions for suicidal and psychotic patients
- Assess withdrawing patients, including use of the CAGE and CIWA
- Recognize which psychotropic medications are often associated with which psychiatric diagnoses
- Examine legal and ethical implications of emergency mental health assessment and treatment

Tim Webb is an excellent presenter—one of the best I have ever heard! His case examples were great and helpful. I learned a lot today and I plan to use what I’ve learned.

Renee Rostan
Social Worker, Morganton, NC
COURSE CONTENT

SUICIDE RISK ASSESSMENT AND INTERVENTION
- Identify those patients most at risk
- Unique differences in adolescent and geriatric suicides
- Two questions the patient must answer
- The two types of suicidal patients
- Interview strategies and techniques
- Which instruments to use for assessment
- Develop clinically sound safety plans
- When and how to manage the patient as an outpatient
- When to hospitalize the patient
- When and how to involuntarily commit the patient
- The role of managed care and third party payers

HOMICIDE AND VIOLENCE RISK ASSESSMENT AND INTERVENTION
- Keeping yourself and others safe with the violent patient
- Identify those patients most at risk
- Differences in interviewing the violent and suicidal patient
- Interview strategies and techniques for the violent patient
- The two types of violence
- Which instruments to use for assessment
- Unique risk factors for school violence
- Assessing the risk for workplace violence
- When to hospitalize the patient
- When and how to involuntarily commit the patient
- The role of managed care and third party payers

MENTAL STATUS EXAMINATIONS
- Elements of a mental status examination
- Understand and identify psychotic symptoms
- The role of medical conditions and substance use in the examination and disposition
- Backtracking a diagnosis based on the patient’s medication list
- Which medications are used for specific disorders
- The role of “medical clearance,” laboratory studies, and medical conditions affecting disposition
- Managing malingerers

HOW TO ASSESS THE CHEMICALLY DEPENDENT PATIENT
- Which substances require detoxification
- Medical vs. traditional vs. social vs. outpatient detox
- Using the CAGE to assess for alcoholism
- Using the CIWA to assess alcohol withdrawal
- Medications and vitamins vital to safe detoxification
- Assessing the withdrawing patient
- Making a level of care recommendation for the substance-abusing patient
- Integrate laboratory studies and medical histories into the assessment
- The role of managed care and third party payers

APPRECIATE THE ETHICAL, LEGAL AND LIABILITY IMPLICATIONS OF MENTAL HEALTH EMERGENCIES
- Ethical responsibilities
- Appreciate the results of the Tarasoff court case, especially the duty to warn and protect
- Understand when and how EMTALA applies
- Learn whether to “contract for safety”
- Understand reporting abuse and neglect
Confirmations & Cancellations

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Very knowledgeable—great information, accurate and assistive for those in the crisis field regardless of their role. This has been the best training I have been to...great materials!

Gail Paice, Counselor from Rogers Counseling Center

Continuing Education Credit

Psychologists: Cross Country Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Cross Country Education maintains responsibility for this program and its content. This program offers 6 CE credits for psychologists. Full attendance is required to receive credit for psychologist, variable credit for partial attendance may not be awarded based on the APA guidelines.

Social Workers: Cross Country Education provider #1005, is approved as a provider for social work continuing education by the Association of Social Work Licensure Boards (ASWB), through the Approved Continuing Education (ACE) program (an approved provider since 1999, approved through 1-27-15). Cross Country Education maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. Visit ASWB’s website at www.aswb.org for more information.

Counselors and Marriage and Family Therapists: Cross Country Education is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. (NBCC Provider #5904) The ACEP solely is responsible for all aspects of the program. Six (6) contact (clock) hours are being awarded for completion of this program. Cross Country Education is approved through the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board (provider #RCT091001). This program is offered for six (6) clock hours of continuing education for counselors and marriage family therapists. Licensed counselors and marriage and family therapists in other states should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. This program has been approved by the Kentucky Board of Licensure of Marriage and Family Therapists for 6 clock hours.

Nurse Practitioners: Cross Country Education is accredited by the American Academy of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 060313. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. This course is offered for 6.0 contact hours.

Mental Health Counselors: Cross Country Education, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This course is offered for 6 contact hours.

Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.

Alcoholism and Drug Abuse Counselors: Cross Country Education is an approved provider by NAADAC Approved Education Provider Program (Provider #369). This course is offered for 6 contact hours.

Case Managers: CCMC Approved Activity

The course listed above was completed on June 27, 28, or 29, 2012 and is approved for 6 CEUs. Approval number: 79003917. To claim these CEUs, log into your CE Center account at www.ccmcertification.org.

Ethics: This educational offering is offered for 6 hours of continuing education of which 1 hour includes discussion of ethics issues.

Other professions: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day’s attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Cross Country Education.

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.

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