SEVERELY EMOTIONALLY DISTURBED CHILDREN

Please select a date and location:  
[ ] HARRISBURG - October 3  
[ ] SCRANTON - October 4  
[ ] PHILADELPHIA - October 5

Total Registration Fee:

<table>
<thead>
<tr>
<th>Single Registrant</th>
<th>Early*</th>
<th>Regular</th>
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<tr>
<td>1</td>
<td>$169</td>
<td>$189</td>
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<td>2 to 4**</td>
<td>$159 ea.</td>
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<td>5 or more**</td>
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*Registrations received 10 days prior to seminar date.  
**Price per person when registering at the same time.

I am registering and would like to order an audio set for $59 plus S&H $8US/$30CAN:  
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Identify diagnostic tools that can be put to use immediately to support severely emotionally disturbed children

Walk away from this seminar empowered with effective, hands-on interventions for treating these children and their families

Analyze the “hidden reasons” these children are so challenging for behavioral health professionals

Educate parents/caregivers and give them the tools they need to support their children’s healing process

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Continuing education available for Case Managers, Counselors, Psychiatrists, Social Workers, Marriage and Family Therapists, Nurse Practitioners, and Nurses.

Severely Emotionally Disturbed Children  
Treating the “Untreatable” Symptoms

Philadelphia, PA - October 3  
Scranton, PA - October 4  
Harrisburg, PA - October 5
It Doesn’t Have to be a Losing Battle

Many behavioral health professionals seemingly face a losing battle as the number of children with severe emotional disturbance (SED) continues to rise, while traditional resources in community mental health rapidly decrease. For children and parents/caregivers, the effects can be devastating – both physically and financially, according to some disturbing statistics from the Centers for Disease Control and Prevention (http://www.cdc.gov/healthyyouth/mentalhealth/index.htm).

Helping children with SED doesn’t have to be a losing battle. Treating severely emotionally disturbed children requires courage, passion, expertise, commitment – and the right tools. This program will provide participants with evidenced-based treatment techniques and diagnostic tools that can be put to use immediately to support these children and their families on the road to recovery.

Course Director

DAPHNE TIMMONS, PhD, is a licensed practicing psychologist in North Carolina who has over 30 years of experience working with severely emotionally disturbed children in community mental health, juvenile justice, and inpatient psychiatric and substance abuse programs (which she developed). Dr. Timmons earned her Master and Doctorate degrees in Psychology from the University of South Carolina and now serves as a consulting psychologist/presenter at national conferences for juvenile/family court judges, psychologists, and other mental health professionals. She has trained and supervised hundreds of mental health professionals in working with children who are severely emotionally disturbed. Dr. Timmons has worked closely with Family Preservation Services of North Carolina for the past seven years, developing community-based assessment protocols and treatment programs for children with mental health and dual diagnoses. She is now busy writing books in order to pass her knowledge on to others who share her passion for restoring our best natural resource, children.

What You Will Learn

- Determine the critical diagnostic criteria for severely emotionally disturbed children (SEDC)
- Diagnose and identify children who are severely emotionally disturbed
- Prevent escalation of symptoms of SEDC
- Determine predisposition and early interventions for children at risk
- Use innovative interventions to treat the presenting and underlying symptoms
- Help manage crises with the children and their families
- Give parents the necessary tools to help guide the child and family to recovery

Who Should Attend

- Psychologists
- School Psychologists
- Psychiatrists
- Child Psychiatrists
- Social Workers
- Counselors
- School Counselors
- Case Managers
- Marriage and Family Therapists
- Psychiatric Nurse Practitioners
- Mental Health Nurses
- Pediatric Nurses
- School Nurses
- Juvenile Justice Personnel
- Special Education Teachers
SEDC OVERVIEW
- Diagnostic criteria
- Parameters of clients with "untreatable" symptoms
- Most common disorders and the "hidden reasons" these children pose such complex challenges for behavioral health professionals

ENVIRONMENTAL AND GENETIC CONDITIONS
- Prenatal stressors and family genetics
- Early childhood experiences, development, and attachment issues
- Parenting dysfunction/family disruption
  - emotional trauma, physical and sexual abuse
  - multiple diagnoses without the appropriate diagnosis
  - inadequate, or no, early intervention
  - falling through the cracks

OFTEN IGNORED OR MISTUNDERSTOOD DYNAMICS
- Most common symptoms of SEDC – subtle and not-so-subtle
- Developmental dysfunction – outside of autism spectrum disorders
- Dual diagnoses, grief/loss, lack of development
- Pervasive underlying shame (abuse behind closed doors)

CLINICAL ASSESSMENT AND INTERVENTIONS
- Critical assessment instruments
- Interactive family assessments
- Identification of strengths and purpose of treatment
- Build foundation: acceptance, compassion, adaptive skills

INNOVATIVE AND EVIDENCE-BASED INTERVENTIONS
- Medication management
  - balance between medication and treatment
  - stability to engage in treatment and create safety
- Stabilization
  - consistent rules and structure – parenting/supervision
  - choices and logical consequences
  - effective behavior management
- Cognitive behavior treatment
  - trauma focused
  - Dialectical Behavioral Therapy
  - moral reasoning treatment: substance abuse, juvenile offenders
- EMDR and compassion-focused therapy
  - healing underlying childhood shame
  - reducing bullying and emotional violation

COLLABORATIVE PROBLEM SOLVING
- Reduction in boundary violation
- Reduction of rage/aggression
- Building relationships
- Decreasing depression and anxiety
- Steps for eating disorder recovery

STRENGTH-BASED TREATMENT
- Identification of strengths
- Needs analysis
- Psychoeducation: role playing, rehearsal, modeling
- Group and individual therapy

CALMING AND SOOTHING TECHNIQUES
- Movement
- Breathing
- Visualization
- Storytelling
- Music
- Touch

PARENTING
- Biological parents or therapeutic foster parents learn their triggers
- Integrate stability, compassion, and responsibility, and develop attachments
- Communicating and collaborative problem solving
- Integrating fun and activity with all family members
- Parent support groups

CRISIS MANAGEMENT
- Safety and respite
- Increased supervision and monitoring
- Intensive community mobile crisis
- Hospitalization
- Intensive family therapy
- Medication changes

CASE STUDIES
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Registrants will not receive a certificate until payment has been received and course has been successfully completed. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned marked NSF it will be represented electronically and a processing fee will be charged as allowed by law.

**Continuing Education Credit**

**Social Workers:** Cross Country Education provider #1005, is approved as a provider for social work continuing education by the Association of Social Work License Boards (ASWB), through the Approved Continuing Education (ACE) program (an approved provider since 1999, approved through 1-27-15). Cross Country Education maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. Visit ASWB’s website at www.aswb.org for more information.

According to the regulatory criteria established by the New Jersey Board of Social Work Examiners, and by our compliance with that criteria, Cross Country Education offers this program for 6 Clinical (C) hours for New Jersey Social Workers to meet the continuing education requirements for the 2010-2012 renewal of your New Jersey social work license/certification.

**Counselors:** Cross Country Education is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. (NBCC Provider #5904) The ACEP solely is responsible for all aspects of the program. Six (6) contact (clock) hours are being awarded for completion of this program.

**Marriage and Family Therapists:** This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

**Nurses:** Cross Country Education, LLC. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This course is offered for 6 contact hours.

Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.

**Nurse Practitioners:** Cross Country Education is accredited by the American Academy of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 060313. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. This course is offered for 6.0 contact hours.

**Case Managers:** This program has been submitted to the Commission for Case Manager Certification for 6 clock hours of continuing education.

**Psychologists:** Cross Country Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Cross Country Education maintains responsibility for this program and its content. This program offers 6 CE credits for psychologists. Full attendance is required to receive credit for psychologist, variable credit for partial attendance may not be awarded based on the APA guidelines.

**Educators:** This educational offering may qualify toward your professional development requirement. The educational offering consists of 6 clock hours. Use this information and your board rules and regulations to calculate professional development/continuing education credit.

**Other professions:** This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

**All professionals:** In order to process continuing education, please bring the appropriate license/certification number to the seminar.

**Amended certificates:** Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day’s attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Cross Country Education.

**ADA:** If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.