Please select a date and location:

- **HARTFORD** - April 10
- **PORTLAND** - May 8
- **MANCHESTER** - May 9
- **BOSTON** - May 10
- **PROVIDENCE** - April 11
- **NATICK** - April 12
- **MANCHESTER** - May 9
- **BOSTON** - May 10

**Total Registration Fee:**

<table>
<thead>
<tr>
<th></th>
<th>Early*</th>
<th>Regular</th>
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</thead>
<tbody>
<tr>
<td>Single Registrant</td>
<td>$169</td>
<td>$189</td>
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<tr>
<td>2 to 4**</td>
<td>$159 ea.</td>
<td>$179 ea.</td>
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<td>5 or more**</td>
<td>$139 ea.</td>
<td>$159 ea.</td>
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</tbody>
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*Registrations received 10 days prior to seminar date.
**Price per person when registering at the same time.

I am registering and would like to order an audio set for $59 plus S&H $8US/$30CAN:  □ audiotapes □ CDs

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Parent Empowerment: Counseling Parents in Positive Child-Rearing Practices

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Parent Empowerment: Counseling Parents in Positive Child-Rearing Practices

A vital seminar for Mental Health Professionals

- Learn scientifically proven methods on how to rapidly eliminate common maladaptive behaviors
- How to recognize and intervene with high-risk, violent or aggressive youngsters
- Coordinate an effective behavioral plan between parents, school and counselor
- Identify and reverse harmful parenting before child behavior problems worsen

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Effectively Dealing with Disruptive Behaviors in Children and Adolescents

Health professionals and educators now, more than ever, face the uphill battle of working with disruptive children and adolescents from all types of backgrounds. Youth who argue at school or home or act out violently are a constant challenge for untrained, tired and busy parents. Managing at-risk youngsters is no longer the exclusive chore of parents. Educators and mental health professionals are being called upon to provide a framework for ending unmanageable problems and restoring respect for authority figures and self-control in these children. As the rate of violent crimes committed by juveniles increases, direct-care professionals have become the first line of offense in reversing bad behavior and halting children’s progression into the juvenile corrections system.

This comprehensive, hands-on workshop teaches scientifically proven methods that can be easily implemented to eliminate common maladaptive behaviors in the home and educational environments. It will demonstrate how to empower parents and other authority figures with functional and reliable steps for behavior management through reinforcement methods. Based on Dr. Ruben’s best-selling books, Bratbusters: Say Goodbye to Tantrums and Disobedience and Behavioral Management in the Public Schools, this seminar provides techniques to address behaviors such as tantrums, noncompliance, oppositional defiance, lying, sibling fighting and insensitivity. Participants will return to their jobs with an arsenal of effective behavior-changing methods to help rescue children and their parents from these feelings of helplessness.

Course Director

DOUGLAS H. RUBEN, PhD, is a psychologist and national consultant on family therapy, addictions and media psychology. His seminars on marriages, families and how to generate publicity for mental health clinicians cover the entire Midwest. He has appeared in two national infomercials, including one produced by Guthy-Renker. Dr. Ruben is author and co-author of over 40 books and 100 professional articles. Among his recent books are: Forever Sober; Oversexed and Underloved; No more Guilt: 10 Steps to a Shame-Free Life; Bratbusters: Say Goodbye to Tantrums and Disobedience; Avoidance Syndrome: Doing Things Out of Fear; Family Recovery Companion; 60 Seconds to Success; and One Minute Secrets to Feeling Great. He wrote the blueprint for other authors with Your Public Image: TV, Radio and Print Media in Clinical Practice and Writing for Money in Mental Health. Dr. Ruben also spearheaded treatment interventions with his books: Treating Adult Children of Alcoholics; Assessing and Treating Addictive Disorders; Handbook of Childhood Impulse Disorders and ADHD; New Ideas in Therapy; Current Advances in Psychiatric Care; Transitions: Handbook of Managed Care; Family Addiction; and Aging and Drug Abuse. He has co-edited several books with Dr. Nancy Maccioammei including: Readings in Aphasia; Readings in Muscular Dystrophy; Readings in Cerebral Palsy; Homebound Teaching; and Behavioral Management in Public School: An Urban Approach. He is on the editorial board of The Forensic Examiner and frequent reviewer for Journal of Experimental and Behavior Therapy. He is president of Best Impressions International, Inc., and operates the ACOA Behavior Research Center.

What You Will Learn

- Reasons why kids become disruptive, aggressive and unresponsive to normal discipline
- How parents accidentally worsen behavior when they think they are fixing it
- Teach and implement techniques for instructional compliance, anger control, sibling fighting management, elimination of lying and peer insensitivity
- Identify and intervene with high-risk, violent or aggressive youngsters
- Coordinate an effective behavioral plan between parents, school and counselor so they know how to recognize and reverse harmful parenting before child behavior problems worsen

Who Should Attend

- School Psychologists
- School Counselors
- Social Workers
- Marriage and Family Therapists
- Case Managers
- Psychologists
- Psychiatric Caregivers
- Crisis Intervention Counselors
- Teachers
- School Administrators
- Nurses
- Daycare Instructors
- Clergy
- Juvenile Justice Personnel
- Law Enforcement Personnel
- Alcoholism and Drug Abuse Counselors

All professionals working with children, adolescents and families in counseling, schools, inpatient facilities, the court systems, protective services and outreach family programs will benefit from this seminar.
Confirmations & Cancellations

Confirmations of registration are sent via email within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your email address book to ensure delivery. If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration. Cancellations received at least five working days before the event are refundable less a $20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward a future event or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible. Please contact your accountant for complete details. Any buyer may cancel this transaction any time prior to midnight of the third business day after the date of this transaction.

Disclaimer: Any opinions, findings, recommendations or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Cross Country Education. Cross Country Education reserves the right to substitute a qualified instructor due to unforeseen circumstances.

Registrants will not receive a certificate until payment has been received and course has been successfully completed. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. Course has been successfully completed. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned marked NSF it will be represented electronically and a processing fee will be charged as allowed by law.

Dates & Locations

HARTFORD - April 10, 2013
Sheraton Hotel at Bradley Airport
1 Bradley International Airport, Windsor Locks, CT 06096  860-627-5311

PROVIDENCE - April 11, 2013
Sheraton Providence Airport Hotel
1850 Post Rd, Warwick, RI 02886  401-738-4000

NATICK - April 12, 2013
Hampton Inn
319 Speen St, Natick, MA 01760  508-653-5000

PORTLAND - May 8, 2013
Season's Event and Conference Center
155 Riverside St, Portland, ME 04103  207-775-6536

MANCHESTER - May 9, 2013
Best Western and Executive Court Conference Center
13500 S Willow St, Manchester, NH 03109  877-627-2525

BOSTON - May 10, 2013
Courtyard by Marriott Boston Logan Airport
225 William F. McClellan Hwy, Boston, MA 02128  617-569-5250

Course Hours

Registration begins at 7:30 a.m. The seminar begins at 8:00 a.m. and concludes at 3:30 p.m. Coffee/hot tea provided in a.m. One-hour break for lunch on your own. For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

Course Content

HOW TO DETECT AT-RISK PARENTS
◆ Are they ACOAs or ACOFAs?
◆ Do passive or aggressive parents cause bad kids?
◆ Why is mild anxiety essential for learning?
◆ Reasons to enhance your assessment portfolio
◆ Pros and cons of current screening devices
◆ Refining the structured interview for accurate answers

STOP PARENTS FROM TAKING CHILD PROBLEMS PERSONALLY
◆ How to interrupt wrong assumptions
◆ How to return to natural events
◆ How to control parent anger

A BETTER USE OF TIME-OUT
◆ Mistakes, misapplications and problems with time-out
◆ New time-out strategies for school and home

HOW TO ELIMINATE TEMPER TANTRUMS
◆ Rapid cures for verbal escalation
◆ How to interrupt, suppress and replace violent, property-destructive, self-stimulatory and injurious tantrums
◆ Why procedures don’t work and how to solve it
◆ How to know when strategies do work
◆ Tantrum control in school
◆ Tantrum control in public
◆ Tantrum control in split-custody homes

HOW TO GET A CHILD TO MIND
◆ Knowing vs. mastery of skills
◆ Why children do not listen and conform
◆ Steps of If-Then and remove competing behaviors
◆ Allow for noncompliance as part of learning
◆ Ways to know the procedure works and doesn’t work
◆ Troubleshooting signs of procedural problems
◆ Building in generality or “transfer” of behavior

STOP IMPULSIVENESS AND POOR ATTENTION SPAN
◆ Why children are impulsive and compulsive
◆ Steps to reduce pace and activity
◆ Steps to increase on-task concentration
◆ Steps to disrupt perfectionism

HOW TO STOP SIBLING/PEER/CLASSMATE FIGHTING
◆ Why kids fight (verbally and physically)
◆ Steps for interrupting fights
◆ Parent-resisting arguments
◆ Shared tasks and apologizing
◆ Use of overcorrection

HOW TO STOP LYING BEHAVIOR
◆ Why children lie
◆ Why “avoidance” is so powerful
◆ Steps to facilitate parents as helpers
◆ Steps to foster truth-telling
◆ Neutral, negative and positive disclosures
◆ How to maintain truth-telling

EMPOWER PARENTS TO TALK TO SCHOOLS
◆ What to find out from teachers
◆ How to be a fact-finder, not a blamer
◆ Team-approach to classroom management

EMPOWER KIDS TO FIND HEALTHY (LOW-RISK) FRIENDS
◆ Helping children find healthy peers models
◆ Categories of high school personalities to watch out for

HOW TO EMPOWER TEEN PARENTS
◆ Sixteen lessons on positive parenting
◆ On-site visits to monitor homework
◆ Parent-coaching
◆ How to motivate in-class participation
◆ Incentives for attendance

How to Get a Child to Mind

- Knowing vs. mastery of skills
- Why children do not listen and conform
- Steps of If-Then and remove competing behaviors
- Allow for noncompliance as part of learning
- Ways to know the procedure works and doesn’t work
- Troubleshooting signs of procedural problems
- Building in generality or “transfer” of behavior

Course Content

- Incentives for attendance
- On-site visits to monitor homework
- Parent-coaching
- How to motivate in-class participation
- Sixteen lessons on positive parenting

Conclusion

- The seminar concludes at 3:30 p.m. on May 10, 2013.
- Coffee/hot tea provided in the morning.
- A one-hour lunch break is arranged.
- For late arrivals or early departures, please refer to the amended certificate information.
Self Study/Audio Products

Audio products include a comprehensive CD recording (audiotape available on request) and companion course manual. If you are registered to attend this seminar, you may order a set of tapes/CDs at a reduced fee. Pricing can be found on the registration form, along with shipping and handling. All pricing given in US currency; please call for international rates. You can order online at our website, by faxing or mailing the registration form on this brochure, or by calling 800-397-0180 or 615-331-4422. All material is under copyright; any duplication is unauthorized without written consent from Cross Country Education. Products in stock will typically ship within 5-7 business days. Call for availability.

Self study packages with CE credit approval allow for the opportunity to earn CE credits at your convenience. Self study packages include the audio/course manual, self study test and complete instructions. Please call or visit our website for more information.

...more audio options with CE available

Play Therapy and Beyond

This seminar combines the effectiveness of the play therapy environment with a variety of clinical techniques proven and effective with thousands of children.

Item #2450 $169 plus S&H

check out more audio courses at www.CrossCountryEducation.com

EFFECTS OF BAD PARENTING and What to do About it by Doug Ruben, PhD

Effects of Bad Parenting empirically shows the deterioration of moral and social behavior as side-effects of five parental mistakes.

Item # 4143 to order this and other items visit www.CrossCountryEducation.com

Continuing Education Credit

Social Workers: Cross Country Education provider #1005, is approved as a provider for social work continuing education by the Association of Social Work Licensure Boards (ASWB), through the Approved Continuing Education (ACE) program (an approved provider since 1999, approved through 1-27-15). Cross Country Education maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. Visit ASWB’s website at www.aswb.org for more information.

Counselors: Cross Country Education is an NBCC Approved Continuing Education Provider (ACE™) and may offer NBCC approved clock hours for events that meet NBCC requirements. (NBCC Provider #5904) The ACEP solely is responsible for all aspects of the program. Six (6) contact (clock) hours are being awarded for completion of this program.

Marriage and Family Therapists: Application has been submitted (but not yet approved) to the Family Development Associates for Massachusetts and Rhode Island Marriage and Family Therapists for 6 continuing education hours. This program has been submitted to the Vermont Board of Allied Mental Health Practitioners for 6 continuing education hours.

Nurses: Cross Country Education, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This course is offered for 6 contact hours.

Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #ICEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.

Psychologists: Cross Country Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Cross Country Education maintains responsibility for this program and its content. This program offers 6 CE credits for psychologists. Full attendance is required to receive credit for psychologist, variable credit for partial attendance may not be awarded based on the APA guidelines.

Case Managers: This program has been submitted to the Commission for Case Manager Certification for 6 clock hours of continuing education.

Alcoholism and Drug Abuse Counselors: Cross Country Education is an approved provider by NAADAC Approved Education Provider Program (Provider #369). This course is offered for 6 contact hours.

Educators: This educational offering may qualify toward your professional development requirement. The educational offering consists of 6 clock hours. Use this information and your board rules and regulations to calculate professional development/continuing education credit.

Other professions: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day’s attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of contact hours earned will be provided upon calling Cross Country Education.

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date so that arrangements can be made.

Can’t Come to Us? Let Us Come to You!

Choose the seminar topics, dates, and locations that suit your needs. Continuing education available for select professions.

For more information, visit www.CrossCountryEducation.com or contact Barbara Lewis at 1-888-683-4277.