Jungian Dream Interpretation: Practical Considerations and Applications

Dr. Howard Tyas will present this unique opportunity to understand and interpret the therapeutic value of dreams.

**Projects Considerations and Applications**

- Recognize and understand the therapeutic value of dreams
- Analyze and incorporate the use of symbolic material in whatever form it may appear
- Discover simple, specific techniques designed to deepen your understanding of a client’s dream
- Describe and employ dream interpretation methods in the areas of transference, countertransference, midlife transitions, bereavement, and trauma
- Describe and employ dream interpretation methods in the areas of transference, countertransference, midlife transitions, bereavement, and trauma

**Practical Considerations and Applications**

- Recognize and understand the therapeutic value of dreams
- Analyze and incorporate the use of symbolic material in whatever form it may appear
- Discover simple, specific techniques designed to deepen your understanding of a client’s dream
- Describe and employ dream interpretation methods in the areas of transference, countertransference, midlife transitions, bereavement, and trauma

**Total Registration Fee:**
- Early* $169
- Regular $189

**Price per person when registering at the same time.**

---

**Method of Payment:**
- Check Enclosed
- Purchase Order
- Credit Card *Required*
- AmEx
- Discover
- Visa / MC

**Credit Card Information:**
- Name on Card
- Card Number
- Exp. Date
- Security Code

**Total $**

**Authorized Signature:**

---

Please select a date and location:
- Winston-Salem, NC - June 13
- Charlotte, NC - June 14
- Columbia, SC - June 15

---

**www.CrossCountryEducation.com**


---

James Green, LPC, Charlotte, NC

I recommend Dr. Tyas to all my colleagues.

Howard hits the ground running with high spirits; presents with an ability to touch the profound; completely engaging. I recommend Dr. Tyas to all my colleagues.

James Green, LPC, Charlotte, NC
Establishing a Relationship between the Ego and the Unconscious

The field of mental health has long acknowledged the presence of autonomous forces within the human psyche that have the power to exert a profound impact on both individuals and their relationships. Swiss psychiatrist C. G. Jung was the one who pioneered the exploration of such unconscious phenomena and their effects. A depth-oriented approach to address unconscious material such as dreams, fantasies, symbols, and symptoms, whether spontaneous or intentional, can prove extremely therapeutic. Scientific research now confirms that the psyche is self-regulatory in nature, often providing insights and a curative course of action in symbolic form. Jung explains, “Dreams are neither deliberate nor arbitrary fabrications; they are natural phenomena which are nothing other than what they pretend to be. They do not deceive, they do not lie, they do not distort or disguise....They are invariably seeking to express something that the ego does not know and does not understand.”

Dr. Howard Tyas, Jr., who brought you *Wisdom of the Dream*, expands on his previous seminar to provide ample time for first-hand experience and exploration of the material learned in an atmosphere that is both safe and respectful. This one-day seminar examines, in detail, how and when dream material can be used therapeutically through the use of case studies. Both the power and the meaning of symbolic material and motifs are explored in a playful way. Attendees learn techniques designed to deepen the therapist’s and client’s understanding of the underlying messages such symbols convey as they relate to dreams. Specific therapeutic topics are addressed where dreams can provide insights and direction—including transference/countertransference, midlife transitions, bereavement, and trauma. Actually learning how to set up and conduct a dream group gives participants a foundation and an opportunity for exploring both their clients’ dreams and their own, as well.

Course Director

HOWARD W. TYAS, JR., D. Min., PhD, is a certified Jungian psychoanalyst and a fee-based Pastoral Counselor. He currently has a private practice in Charlotte, North Carolina, and works primarily with adults in individual analysis, making use of dream material and expressive techniques. He also lectures, leads dream groups, and conducts monthly seminars with his wife, Karen Hodges, also a certified Jungian analyst, focusing on dream work and various images which reflect what C.G. Jung referred to as the individuation process.

Dr. Tyas has a Doctor of Ministry degree from Austin Presbyterian Theological Seminary in Texas. In 1991, Dr. Tyas traveled to Zürich, Switzerland, to study at the C.G. Jung Institute, where he graduated with the Diploma in Analytical Psychology in 1996. The Academic and Professional International Evaluations Service has deemed this diploma to be equivalent to a PhD in Psychology in the United States. Additionally, Dr. Tyas is a member of the International Association for Analytical Psychology and the Association of Graduate Analytical Psychologists (Zürich), as well as a charter member of the North Carolina Society of Jungian Analysts. In his practice, Dr. Tyas understands Jungian analysis to be a form of psychotherapy that places inestimable value on the body and the psyche’s own innate, self-regulatory nature, as well as that personal developmental process unique to every individual. Dreams offer very singular therapeutic perspectives initiated by the unconscious. Some dreams attend to those wounds we carry that are in need of healing. Other dreams appear to address issues that block us from moving forward in life in creative and meaningful ways. At the center of Jungian analysis, in general, and of dream work, in particular, is the establishment of a dialectic relationship between the ego and the unconscious.

Dr. Tyas is knowledgeable, creative, and insightful; he connects with participants and teaches with authority.

Jenelle Spear, LMFT, LISW-CP
Spartanburg, SC
COURSE CONTENT

HOW TO USE DREAM MATERIAL IN PSYCHOTHERAPY
- Presuppositions regarding the nature of dreams and their meaning
- Determining whether doing dream work is warranted or possible
- Establishing a context by considering significant dreams from the client’s past
- Paying attention to initial dreams just before and after therapy begins
- Deciding which dreams to work on based on feelings, desires, and sense of urgency
- Considering how dreams may give insight into diagnosis and treatment
- Highlighting the steps used in interpreting a dream

UNDERSTANDING AND SPEAKING THE LANGUAGE OF DREAMS—
THE MEANING OF VARIOUS IMAGES/MOTIFS
- Examining a symbol’s outward presentation in detail
- Identifying what you know, think, and feel about the symbolic representation
- Researching what this symbol has represented worldwide, throughout history

EMPLOYING SIMPLE, SPECIFIC TECHNIQUES BETTER TO ASSESS A DREAM’S MEANING
- Keeping a dream journal
- Title, Theme, Affect, Question (TTAQ)
- Seeing the dream through the “dream ego’s” eyes
- Dialoguing with a dream figure
- Considering a dream symbol in the present, past, future
- Research a recurring dream theme
- Using art to plumb a symbol’s depth of meaning
- Meditating on an important dream symbol
- Rewriting an unresolved dream

USING AND UNDERSTANDING DREAMS WITH REGARD TO SPECIFIC THERAPEUTIC ISSUES
- Transference/countertransference
- Trauma
- Midlife transitions
- Bereavement

SETTING UP AND CONDUCTING A DREAM GROUP
- Determining who would best benefit from participating in a dream group
- Advantages/disadvantages of working with dreams in a group setting
- Providing a safe atmosphere in which to do group work with dreams
- Basic components of a dream group meeting
  - touching in
  - centering exercise
  - dream sharing by entire group
  - intensive work with a particular dream(s)
  - closing with a repetition of the centering exercise

WORKING WITH DREAM MATERIAL FOR SELF-KNOWLEDGE AND SELF-CARE IN A SMALL GROUP EXPERIENCE

Dates & Locations
WINSTON-SALEM - June 13, 2012
Hawthorne Inn and Conference Center
420 High St, Winston-Salem, NC 27101  336-777-3000
CHARLOTTE - June 14, 2012
Doubletree Hotel Charlotte Airport
2600 Yorkmont Rd, Charlotte, NC 28208  704-357-9100
COLUMBIA - June 15, 2012
Courtyard Columbia Downtown at USC
630 Assembly St, Columbia, SC 29201  803-799-7800

Course Hours
Registration begins at 7:30 a.m. The seminar begins at 8:00 a.m. and concludes at 3:30 p.m. Coffee/hot tea provided in a.m. One-hour break for lunch on your own. For late arrivals or early departures, please see amended certificate information under Continuing Education Credit.

Who Should Attend
- Psychologists
- Pastoral Counselors
- Alcohol and Drug Abuse Counselors
- Psychiatrists
- Clinical Social Workers
- Marriage and Family Therapists
- Licensed Professional Counselors
- Mental Health Nurses
- Case Managers

What You Will Learn
Upon completion of this course, you will be able to:
- Determine when and how dream work is applicable or possible in the therapeutic setting
- Recognize how dreams provide insight into diagnosis and treatment
- Recognize various dream motifs and symbols
- Discover how to facilitate a dream group in a safe and respectful way that fosters self-awareness and healing
- Examine personal dream material in a way that fosters self-knowledge and self-care in you, the mental health professional

Audio Products
Audio products include a comprehensive CD recording (audiotape available on request) and companion course manual. If you are registered to attend this seminar, you may order a set of tapes/CDs at a reduced fee. Pricing can be found on the registration form, along with shipping and handling. All pricing given in US currency; please call for international rates. You can order online at our website, by faxing or mailing the registration form on this brochure, or by calling 800-397-0180 or 615-331-4422. All material is under copyright; any duplication is unauthorized without written consent from Cross Country Education. Products in stock will typically ship within 5-7 business days. Call for availability.
Confirmations & Cancellations

Confirmations of registration are sent via email within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your email address book to ensure delivery. If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration. Cancellations received at least five working days before the event are refundable less a $20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward a future event or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible. Please contact your accountant for complete details.

Disclaimer: Any opinions, findings, recommendations or conclusions expressed by the author(s) or speaker(s) do not necessarily reflect the views of Cross Country Education. Cross Country Education reserves the right to substitute a qualified instructor due to unforeseen circumstances.

Registrants will not receive a certificate until payment has been received and course has been successfully completed. If payment is not received ten (10) days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned marked NSF it will be represented electronically and a processing fee will be charged as allowed by law.

Our Guarantee

Cross Country Education is a national leader in high-quality educational products and services for the health care industry. We have trained over one million health care providers, managers, professionals, and key personnel through our seminars, conferences, and study programs. Our programs are guaranteed to improve the effectiveness and efficiency of participants. If you attend one of our live seminars or webinars, or purchase an audio, video, or online product, and do not receive the professional or business benefits described in our literature, or have some other professional complaint, please let us know in writing within seven days and we will issue a credit voucher that you or anyone in your facility may use toward another live seminar, webinar, audio, video, or online product. All returned audio and video products and materials must be received in original condition before a voucher or replacement is issued. You may contact us at Cross Country Education, P.O. Box 200, Brentwood, TN, 37024.

Continuing Education Credit

Social Workers: Cross Country Education provider #1005, is approved as a provider for social work continuing education by the Association of Social Work Licensure Boards (ASWB), through the Approved Continuing Education (ACE) program (an approved provider since 1999, approved through 1-27-15). Cross Country Education maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. Visit ASWB's website at www.aswb.org for more information.

Counselors and Marriage and Family Therapists: Cross Country Education is an NBCC Approved Continuing Education Provider (ACEP™) and may offer NBCC approved clock hours for events that meet NBCC requirements. (NBCC Provider #5904) The ACEP solely is responsible for all aspects of the program. Six (6) contact (clock) hours are being awarded for completion of this program. Cross Country Education is an approved sponsor with the South Carolina Board of Examiners for LPC, AC and MFTs (Provider #104). This program is offered for 6 continuing education hours.

Case Managers: This program has been submitted to the Commission for Case Manager Certification for 6 clock hours of continuing education.

Nurses: Cross Country Education, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This course is offered for 6 contact hours.

Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours. Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours. Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.

Psychologists: Cross Country Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Cross Country Education maintains responsibility for this program and its content. This program offers 6 CE credits for psychologists. Full attendance is required to receive credit for psychologist, variable credit for partial attendance may not be awarded based on the APA guidelines.

Alcohol and Drug Abuse Counselors: Cross Country Education is an approved provider by NAADAC Approved Education Provider Program (Provider #369). This course is offered for 6 contact hours.

Other professions: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day’s attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.

Join us online

- Additional educational opportunities
- Free personalized account
- Print certificates
- Track your history
- Attend e-learning events
- Easy registration

It’s your CE

CrossCountryEducation.com

Receive a $10 discount for this seminar if you are a student or non-profit organization. A valid student ID or 501(c)(3) is required. To use this discount, you must register by phone at (800) 397-0180 or (615) 331-4422.

$10 OFF